Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Thursday 16 Mar 2023 until 23:59 on Friday 17 Mar 2023

Forecast Issued on Thursday 16 Mar 2023 at 02:34 by Met Office Aberdeen

Confidence: High next few days, low by Sunday

Headline for Thursday 16 Mar 2023: Cloudy with rain or showers and some hill fog.

Mountain weather hazards on Thursday 16 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Medium Likelihood

Poor visibility
High Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
High Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Light rain	Drizzle
Precipitation probability					
>95%	90%	70%	70%	70%	70%

Forecast for Thursday 16 Mar 2023

Weather: Staying cloudy with hill fog. Persistent and occasionally heavy rain through the morning, easing towards midday though staying dull and drizzly over the hills, while the west coast may brighten up later. An increasing chance of heavy showers from late afternoon into the evening, with the outside chance of lightning.

Chance of cloud-free hill tops above 800m: 10%

Low Cloud and visibility: Widespread low cloud 450-750m with lower patches in south, and poor visibility in rain. Cloud lifting to 750m in afternoon with breaks developing along west coast later.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 16 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	19/22 SE	20/24 SE	25/31 SE	34/42 S	30/39 SW	27/35 S	25/32 S
900	13/16 S	18/22 SE	15/21 S	21/30 S	22/30 SW	19/26 SW	17/24 SW
600	6/8 NE	9/11 E	10/14 S	29/36 S	28/36 SW	21/28 SW	20/26 S
300	3/4 E	5/6 S	6/9 SE	12/19 S	14/23 SW	11/19 S	9/16 S
Glen	1/5 NE	3/6 SE	2/7 SE	7/17 SW	10/23 SW	7/17 SW	6/15 S

Height (m)	Temperature / Feels Like (°C)						
1300	2/-3	2/-4	1/-6	3/-4	2/-4	1/-6	1/-5
900	1/-4	2/-4	2/-3	4/-2	4/-2	3/-2	3/-2
600	4/2	5/2	6/3	6/1	6/1	6/1	5/1
300	5/4	5/4	6/4	8/5	8/5	7/4	7/4
Glen	4/3	5/4	6/6	9/7	9/7	8/7	8/6
Freezing Level*	2000m	1800m	1800m	1700m	1500m	1400m	1400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing extra.

Forecast for Friday 17 Mar 2023
Weather: Mostly cloudy with showers, and some hill fog. Limited brighter spells.

Maximum wind: Southerly 25 gusts 35mph easing slightly later.

Chance of cloud-free hill tops above 800m: 30%

Low Cloud and visibility: Frequent cloud at 600-750m with a few lower patches. Visibility away from cloud moderate or good though poor in heavier showers.

Temperature: **Glens:** Plus 7 rising to Plus 11 Celsius
At 800m: Plus 4 Celsius
Freezing level: Above the summits

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